

"Parenting with Heart"

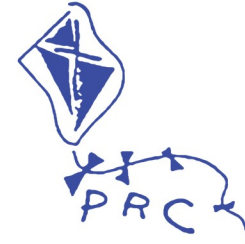
A 10 week Parenting class where YOU decide what you want to learn.



Please call Pro Action of Steuben and Yates, Inc. 1-800-553-2033- ext 144 and speak to Pam or Julie at the Center @ 936-3837-ext 11 Funded in part by:
United Way of the Southern Tier,
Community Foundation,
Triangle Foundation. and
Steuben Family Enrichment Collaborative.

Where: Nonnie Hood Parent and Family Resource Center 300 Civic Center Plaza, Corning
When: Group starts January 24, 2011
Time: 10:00 - 12:00AM
Must RSVP to attend, as space is limited.
Snacks and course materials will be provided.

NONNIE HOOD PARENT AND FAMILY RESOURCE CENTER



...a great place to
grow your family!

January 2011 Calendar and Newsletter



Nonnie Hood Parent and Family Resource Center January Calendar Clues

All programs are open to the public.
We suggest you visit the PRC or call,
936-3837, to register for programs.

EVENTS, ACTIVITIES, AND FAMILY EDUCATION OPPORTUNITIES

MEETINGS AND GROUPS

The Autism Support Group **January 10— 6-8 PM**

This growing and very positive group here at the PRC is seeing new faces each and every month. The Autism Support Group meets monthly at the PRC and is open to any family with a child diagnosed with Autism and those who are seeking more information on the topic of Autism. For more information call Holly Tucker at (607)425-1706

Early Head Start Socialization **January 10 & 24— 10-11:30 AM**

Please contact Peggy Miles of Pro Action Head Start at (607) 776-2125 for more information.

The Dad's Den

This group is perfect for any father, uncle, or other active male figure in a child's life! The group is activity-based for both child and adult to attend. This group is currently looking for a "male, father, uncle, brother" leadership. Please contact Brooke if you are interested in helping recruit or plan activities.

ONGOING ACTIVITIES

Countdown to Kindergarten— Kindergarten readiness is an important component here at the PRC. We want your families' success in entering the school age years to be a natural transition because you were well prepared and equipped with techniques the PRC offered you and your child.

January will focus on **fine motor skills**. There will be ample opportunities for your child to cut with scissors, use multiple writing manipulatives, practice with puzzles, and build up their tiny hand muscles with play dough.

Craft of the Week- Please note that each week the PRC provides different materials for design and creativity. The purpose of these materials is to introduce children to new textures, ideas, fine motor skills, and endless possibilities! We strive to encourage process, meaning the journey through the project, over product, meaning finished result, however there are suggestions for what the materials could be. All materials are available due to generous donations and local community support.

January 3-7— Closed for Cleaning and Staff Development

Parenting with Heart/ T.E.P.E Training

January 8 9:00-4:00 PM

Flexible Families: Parenting Through Separation and Divorce

This is a program that helps reduce the impact and long term effects of divorce or separation on children by teaching their parents how to contain conflict and act in the best interest of the child. This course encourages effective communication, problem solving, and conflict resolution. Contact Julie Matusick to register or to ask for more information. Pre-registration is required. There is a sliding fee scale for this class.

January 12— Sign Language Basics @ 2

Receive parent education materials about signing with your child. Practice the alphabet and design a paper bag puppet to practice hand motions.

January 27— Body Language and Emotions @ 2

Mask making and talking about different facial expressions we use as our body language. This is also part of our character education, CARING. What does our body language look like when we care?

January 24 & 31 — 10-12 AM "Parenting with Heart"

This parenting series offers an informal round table discussion setting in which parents will discuss a variety of parenting topics. This is a ten week course where you decide what you will learn. The PRC is proud to be part of this collaboration in conjunction with The Family Enrichment Collaborative and TEPE Training Institute.

Afternoon Fireflies: Stories and Crafts- Come in and enjoy new stories and crafts Thursday afternoon each week! For the next two months we will be focusing on PRINT AWARENESS.

There will be informational materials available on the importance of print awareness and how to demonstrate and implement it into your families reading routines.





Nonnie Hood Parent and Family Resource Center

300 Civic Center Plaza
 Corning, NY 14830
 607-936-3837

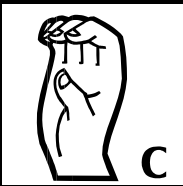

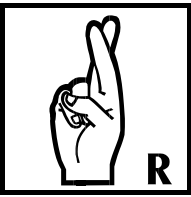
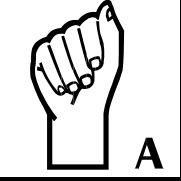
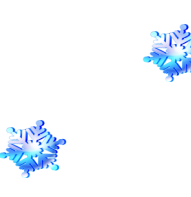

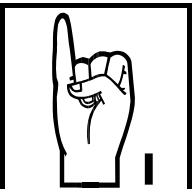
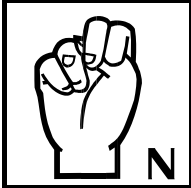




January 2011

Wednesday & Friday: 10:00 am- 3:00 pm
 Tuesday: 10:00 am- 3:00pm
 Thursday: 12:00 pm- 7:00 pm
 Saturday: 10:00 am-1:00 pm



www.nonniehoodprc.org



	Sun	Mon	Tue	Wed	Thu	Fri	Sat
KINDERGARTEN READINESS FOCUS Fine Motor Skills	3	4	5	6	7	8	
	Closed for Cleaning January 3-7	Closed for Cleaning		Closed for Cleaning	Closed Staff Development T.E.P.E. Training	Flexible Families 9 AM-4 PM	
9 Hold scissors, pencil, crayon, marker correctly	10 Closed Early Head Start 10-11:30 Autism Support Group 6-8pm	11 	12 Sign Language Basics @2 pm	13 Afternoon Fireflies: Stories and Crafts	14 	15 Birthday coming up? See if your special day is still available!	
16 Put together a 10- 12 piece puzzle	17  Closed	18 	19 	20 Afternoon Fireflies: Stories and Crafts	21 	22 The PRC can be rented for parties, showers or reunions!	
23 	24 Early Head Start 10-11:30 Parenting with Heart 10-12 AM	25 	26 	27 Body Language and Emotions @2 pm	28	29	
30 Try to write, scrib- ble, or draw	31 Closed Parenting with Heart 10-12 AM	1 February 	2 "Me Time" 3-6 pm	3 "Me Time" 9 am-12 pm	4 Whatever the occasion , let the PRC be your second home to gather in!	5 	

Character Education Corner “Caring”

We become caring people by doing caring things.

Taking action to build positive character qualities

Talk is one thing. Actually being involved in challenging circumstances can be far more stretching. There are many opportunities to put ourselves in the path of challenging situations. It may require getting involved where there is risk of being hurt or experiencing discomfort. Reaching out to those who are ill or having difficulties takes courage and compassion. Challenging someone who is out of line can be risky as they are approached. Planning these kinds of strong character building activities will draw the family together and enable focus on character. Parents want children who will make smart choices in private and use good judgment when making decisions involving others.

<http://www.conquering-stressful-family-hurdles.com/character-traits.html>

Questions to discuss as a family:

1. How do you know someone cares about you?
2. What motivates you to give to others?
3. Can you choose to be a caring person?
4. What would the world look like if no one cared about anyone else?
5. How can our family care more about each other?



Beginning in February

Introducing “Me Time”

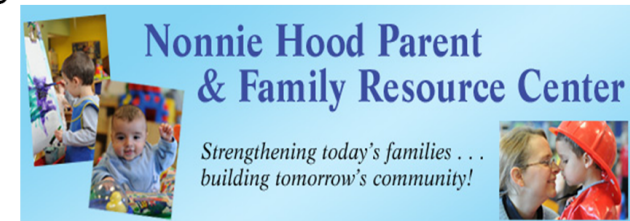
Non-traditional childcare for when you need it most in a comfortable, clean, familiar atmosphere. Drop off care that meets your needs and allows your child to grow and discover the PRC.

Parent Information

- **Time:** Wednesday 3pm-6 pm
Thursday 9 am-12 pm
- **Cost:** \$12.00 per child
- **Experienced staff**
- **Clean and safe learning environment**

Child Information

- **Snacks**
- **Socialization**
- **Activities and crafts**
- **Fun and learning**



Weekly pre-registration is
required!

Talk to a staff member today!