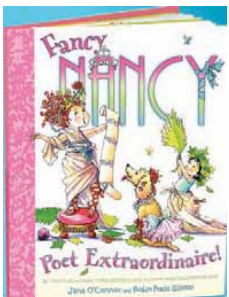
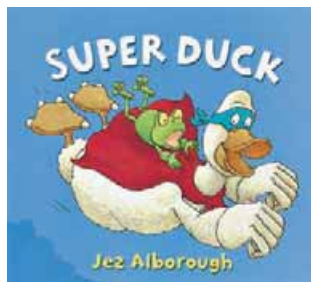
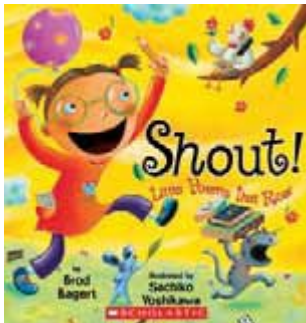




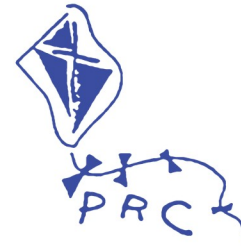
**DID YOU KNOW?!**

**The PRC participates in Scholastic Book Clubs. Please ask to see a current book order if you are interested in checking it out! The PRC earns points with each order placed. These points are used to order new books and supplies for the center.**

**Books make great holiday gifts!**



# NONNIE HOOD PARENT AND FAMILY RESOURCE CENTER



...a great place to grow your family!



## November 2011 Calendar and Newsletter



# Nonnie Hood Parent and Family Resource Center November Calendar Clues

All programs are open to the public.  
We suggest you visit the PRC or call,  
936-3837, to register for programs.



## MEETINGS AND GROUPS

### **The Autism Support Group**      **November 14— 6-8 PM**

The Autism Support Group meets monthly at the PRC and is open to any family with a child diagnosed with Autism and those who are seeking more information on the topic of Autism. For more information call Robin Drury at (607) 425-1706.

### **Early Head Start Socialization**      **November 14— 10:00-11:30 AM** **November 28— 10:00-11:30 AM**

Please contact Peggy Miles of Pro Action Head Start at (607) 776-2125.

## ONGOING ACTIVITIES

**“Like” us on Facebook! When you “like” the PRC, it will pop up on your home page each time we post new events, parent education sessions, and “Me Time” and “KNI” give always! Plus, it spreads the word to your friends about all the PRC ha to offer. The PRC: What’s not to “Like”?!**



## Upcoming Events

### **December— Santa’s Workbench**

*Children are able to purchase gifts for loved ones and wrap them. We are delighted to except donations of gently used gifts and items.*

### **December 2—6:00pm-9:00 pm Kids Night In**

\$12.00 per child, Pre-registration is required. Call the center at 607-936-3837 to reserve your spot! Hurry! Slots are limited!

**Parenting with Heart**  
**Tuesday Nights starting in**  
**January!**

## EVENTS, ACTIVITIES, AND FAMILY EDUCATION OPPORTUNITIES



### **November 3, 10, 17—5:30pm-7:00 pm 1-2-3 Magic**

Come learn about effective discipline methods for children ages 2-12. These workshops are based on information from Thomas W. Phelan, Ph.D. To obtain the whole picture of the class it is suggested to attend all 3 nights.

### **November 5— 8:00 AM-3:00 PM Flexible Families: Parenting Through Separation and Divorce**

This is a program that helps reduce the impact and long term effects of divorce or separation on children by teaching their parents how to contain conflict and act in the best interest of the child. This course encourages effective communication, problem solving, and conflict resolution. Contact Julie Matusick @ 936-3837 to register or to ask for more information. Pre-registration is required. There is a sliding fee scale for this class.

### **November 18 -6:00pm-9:00 pm Kids Night In**

Enjoy a Date Night while the kids play at the PRC with our incredible staff! \$12.00 per child, snack and craft included. Pre-registration is required. Call the center at 607-936-3837 to reserve your spot!

### **November 21—10:00am-3:00 pm Center Open**

The center is open this Monday to kick start your families’ Thanksgiving break. School might be out but we are open for you!

### **November 22—12:30 pm Friends and Family Pot Luck**

Join us to celebrate friends and family here at the PRC. Bring a dish to pass, there is a sign up sheet located at the front computer. See a staff member with any questions.





# Nonnie Hood Parent and Family Resource Center

300 Civic Center Plaza  
Corning, NY 14830  
607-936-3837

[www.nonniehoodprc.org](http://www.nonniehoodprc.org)

November 2011

Tuesday: 10:00 am- 3:00pm  
Wednesday: 10:00 am- 3:00 pm  
Thursday: 12:00 pm- 7:00 pm  
Friday: 10:00 am- 3:00 pm  
Saturday: 10:00 am-1:00 pm



Sun Mon Tue Wed Thu Fri Sat

<p>The PRC is thankful for friends, family, our volunteers and supporters.</p>		<p>1 </p>	<p>2 "Me Time" 3-6 pm</p>	<p>3 "Me Time" 9 am-12 pm 1-2-3 Magic 5:30-7:00</p>	<p>4 Birthday coming up? See if your special day is still available!</p>	<p>5 Flexible Families 8 AM—3 PM</p>
<p>6 </p>	<p>7 Friendly Reminder: The PRC is closed on Mondays</p>	<p>8 </p> <p>9 </p>	<p>9 "Me Time" 3-6 pm</p>	<p>10 "Me Time" 9 am-12 pm 1-2-3 Magic 5:30-7:00</p>	<p>11 </p>	<p>12 The PRC can be rented for parties, showers or reunions!</p>
<p>13 </p>	<p>14 Early Head Start 10-11:30 AM Autism Support Group 6-8 pm</p>	<p>15 </p>	<p>16 "Me Time" 3-6 pm</p>	<p>17 "Me Time" 9 am-12 pm 1-2-3 Magic 5:30-7:00</p>	<p>18 Kids Night In 6 pm—9 pm </p>	<p>19 </p>
<p>20 </p>	<p>21 </p>	<p>22 Friends and Family Pot Luck 12:30 </p>	<p>23</p>	<p>24 Thanksgiving </p> <p>25 Center Closed</p>		<p>26 Center Open 10 AM-1 PM </p>
<p>27</p>	<p>28 Closed Early Head Start 10-11:30 AM</p>	<p>29 </p>	<p>30 "Me Time" 3-6 pm</p>	<p>1 </p> <p>2</p>		<p>3 Whatever the occasion, let the PRC be your second home to gather in!</p>



## Character Education Corner

“Thankfulness”

“Gratitude is the best attitude!”

- Unknown

What is it that makes a person thankful and why is it that we often only acknowledge our appreciation for what is important in our lives around the holidays? It's important to show thankfulness throughout the year, but the holidays are a good time to talk to your children about being thankful for what you have, and why it is so important. This is especially true with preschool-age children who often do best learning a new idea when it is modeled for them. So whether it is November or March, there are easy ways for you to demonstrate to your little one the notions of thankfulness.

### Family Discussion:

#### “Raising A Thankful Child”

- ◆ Spend time each day appreciating what you have  
“I'm so lucky to have such helpful children.”  
“It's wonderful to have such great friends.”
- ◆ Make gratitude a habit  
“At the end of each day let's each say something we are thankful for.”

Sources: <http://preschoolers.about.com/od/socialemotionalgrowth/a/thankfulkids.htm>,  
<http://www.childperspective.com/character-development/teaching-spirit-of-thankfulness/>



## Who couldn't use a little “Me Time” ?

Non-traditional childcare for when you need it most in a comfortable, clean, familiar atmosphere. Drop off care that meets your needs and allows your child to grow and discover the PRC.

### Parent Information

- **Time:** Wednesday 3pm-6 pm  
Thursday 9 am-12 pm
- **Cost:** \$12.00 per child
- Experienced staff
- Clean and safe learning environment

### Child Information

- Snacks
- Socialization
- Activities and crafts
- Fun and learning



**Pre-registration is required!**

**Talk to a staff member today!**